



Our missions

The 4 Belgian anti-doping agencies (ONAD Communauté française, NADO Vlaanderen, ONADO Brussels and NADO Ostbelgien) are all competent **in the fight against doping within their respective territories in Belgium**. They are firmly committed to the fight **for clean sport** and strive every day to maintain **a fair and equitable environment** for all athletes **by detecting and preventing the use of prohibited substances/methods through prevention and anti-doping controls**.



The values we stand for

Sporting values such as **integrity, equity, fair play** and **health** are the pillars on which our four anti-doping agencies base their work and commitment.



Did you know that ?

- **Doping controls** concern **all athletes**, regardless of their level (amateur or professional) or the sport they practice.
- **Cannabis and stimulants** (ecstasy, cocaine, etc.) are on the list of **prohibited substances**.
- **Some commonly used over-the-counter medication may contain prohibited substances** (e.g. Sinutab).
- There is a website (**cbip.be**) and a **cbip application** that allow you to **check the composition of medication** and find out whether they contain prohibited substances.
- **15% of food supplements contain traces of prohibited substances**.
- **Athletes** remain **responsible for any substance present in their bodies, whether it was consumed voluntarily or not**.

Everyone has a role to play in keeping sport clean. **You can report any doping incidents on our websites, anonymously or not.**



Nationale
Anti-Doping
Organisation
der Deutschsprachigen
Gemeinschaft Belgiens

**NADO
VLAANDEREN**

SAMEN VOOR EEN DOPINGVRIJE SPORT



onado
BRUSSELS

Onad
ORGANISATION NATIONALE ANTIDOPAGE
COMMUNAUTÉ FRANÇAISE